



TRUTH SEEKERS



REVIEW

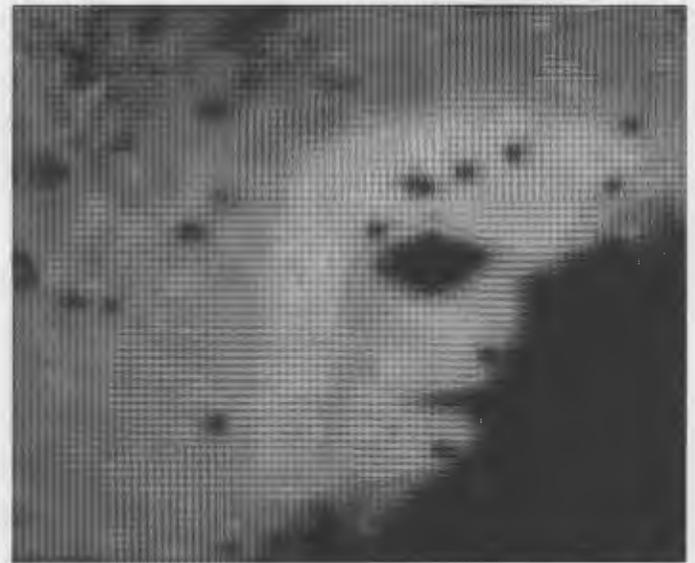
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Extraterrestrials

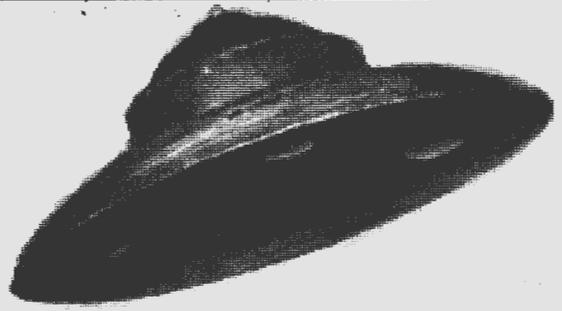


The face on Mars

Extraterrestrials - The Truth that's been hidden from you
The face on Mars - Why the authorities won't come clean
Abductions - The theories behind the unknown
Crop Formations - Debunked, but they still appear
Truth seeking - A trek through the political jungle
Cosmic awareness - Changes in the human thought pool

AND MUCH MORE!!!!

Welcome!



To this, the first issue of the Truth Seekers Review.

During my UFO & Crop circle lecture at the Cardiff UFO Conference in August 1994, I stated that I was going to put a magazine together which had the objective of getting the truth, and making it available to the public on such subjects as UFO's, Crop circles, Government coverups and the like. The response I received after the lectures was tremendously positive, and here at last is the first issue. This is mainly an experimental issue, as what I want is plenty of feedback from readers telling me what they want to see in the Review.

Contributions will be welcome, and there will be plenty of room for debate on any subjects printed in an Open Forum made up of readers letters.

In an age when the Iron walls of deceit are

look closely at the loosely strewn facts covered with the ash of dis-information. In general, the eyes of the public are opening due to the fact that society is desperate for a truth to believe in, for the churches, politicians, governments and power mongers are losing their grips. As we arrive at the door to a new millenium, the indomitable spirit in humankind is rising to embrace a far more spiritually advanced way of life, one which our earth and nature is screaming for. A cycle seems to be coming full circle, and as more and more people witness our friends in the skies - so a new dawn is coming, the dawn of the age of consciousness, awareness, spirit and TRUTH. Now is the time for the joining of hands.

Paul Damon
December 1994

**TRUTH SEEKERS
REVIEW**



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"There is no excuse for lies,
lies are never white -
they're always black,
the truth may hurt sometimes -
but lies will always hurt
more....."

TRUTH SEEKERS 94/95

TRUTH SEEKERS REVIEW

EDITORIAL



PAUL DAMON

THE INDOCTRINATION GAME

1994

. A year that shall be remembered for major league indoctrination via television programmes and newspaper interest in U.F.O.'s and the para-normal.

One of the most unfortunate factors about this televised interest that we have been seeing either in early morning programmes or evening slots is that a very mundane and repetitive Dr. Sue Blackmore, a psychologist lecturing at Bristol University, happens to be invited onto every show to give her thoroughly biased judgement (not opinion) on all subjects deemed supernatural.

It would appear, according to Dr.Blackmore that anybody who has ever seen a U.F.O. or been involved in an alien abduction, seen a ghost, experienced de-ja-vous or been enlightened by a near-death experience to name but a few, has in fact either hallucinated, let certain shadowy areas of the brain take over, or been affected by electricity pylons.

LOBOTOMY

Well, now we know don't we!!! Next time you see a U.F.O. - check to see if you are near an electricity pylon. If you are not, slap yourself around the face a few times to stop hallucinating. If you are still witnessing something of the apparent supernatural kind, then it's high time you booked yourself in at your local clinic for a partial lobotomy!!!

Unfortunately, Dr.Blackmore was not aware that a good majority of the public were wide eyed and aghast with disbelief, not with the topics being discussed, but with her even-harder-to-believe reasonings to explain the phenomena. Another annoying little habit Dr.Blackmore persists in is ending her interviews/debates by saying very quietly, almost inaudibly -"But I could be wrong..." BRAVO! The fist sensible thing to be uttered!

What I want to know is why the television companies insist on using Dr.Blackmore as a -quote "Leading paranormal and U.F.O. investigator"? We all know that there are many, many more qualified and serious researchers out there who are just itching to present their evidence on television.

I, as well as others in this field have arrived at the conclusion that the general public is slowly being drip fed information on these subjects, and sooner rather than later, the real truth will become very obvious to all. Good luck, Dr.Blackmore!!!

1995 AND BEYOND

Will 1995 be the year? Will the governments of the world finally come clean? I doubt that they will. Does it really matter? From the massive global increase in U.F.O. sightings to the ever-developing complexity of the Crop formations, there is a resulting feeling that the time draws near for a monumental change in consciousness. Whether or not this will come from a massive contact with a benevolent and spiritually advanced race from the stars - I could not say. Once again, we shall just have to wait and see.

What I am sure we are all aware of is that our primeval yearnings are returning, there is an almost tangible flow of power building up within the souls of the populace. Now is the time to unite and embrace each other, and magnify that power.

TOP SECRET
CONFIDENTIAL
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BLACK WORLD ULTRA

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Now is the time for the truth,
The choice is yours!

Amazing documentation now available, due to a large amount of information being leaked out of corrupt governments and research sources poking their noses where others haven't poked before. Discover the facts about the varying alien races visiting our world, find out about the staggering projects the American military have in operation - also hard to get hold of author documents which up until now have received limited circulation. The more people that get hold of these documents, the stronger the cause becomes.

Most documentation is public domain, so you can distribute it without violating any copyrights.

Documents can be sent via PC/Amiga format, or printed out if required.

For more information, send a S.A.E. to:

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SECRECY

SHAKE DOWN

BY MATTHEW WILLIAMS

Are we being led to believe that Secrets are still kept for our own safety and in the interests of national security?

It has become apparent to me over the last few years that although the cold war is over, spending money on weapons and armies and secret black projects has gone through the roof.

I was distressed to hear about MI5's (Military Intelligence Group 5, U.K.) were given One Hundred and Fifty Million pounds to purchase and refurbish a new Headquarters for themselves recently. What sickens me is the fact that the offices are furnished with the very best furniture (antique or antique reproduction), walls were then oak covered, floors were all royal carpeted. The new HQ has now got Hotel rooms available for other travelling spies, rooms which are of a standard higher than the London Ritz. A new document-rail system to save the spies from having to walk down to the vaults, a mere 1.5 million.

Employees have the luxury of their own subsidised bar which is literally one of the most exclusive in London (unknown how you gain membership?).

"The British public have no right to know such things"

The point is that the tax payer has to bear the burden of it's cold war spies who have always "lived it up" but who now can live it up even more thanks to UK secrecy laws. Thank goodness for those Civil Servants prepared to leak this sort of information. UK secrecy laws unlike the United States make it illegal to possess information relating to secret project military spending. The British public have no right to know such things which is a throwback to the days of total rule dictator government. (We in the UK, as subjects, are considered to be property of the state.)

Isn't it a shame there is so much that happens that we are unallowed to know. Now the gritty part. There was a reason why I started this document with references to the way MI5 are treated. MI5 are also the people who get involved if you start to dig around to try and find out about secrets of any kind.

MI5's role is "The Security Service", which means security of the country. It's tasks relate to internal security although it can often stumble upon information which relates to foreign powers activities, but this is often passed on to MI6 - "The Secret Service", which deals mainly with foreign affairs.

So if you are Joe Bloggs, UFO researcher

and you are sticking your nose in to secret bases and trying to find out what goes on there, you are likely to be checked up on by MI5 at some point or another. If you are the type of researcher who goes one step further and tries to gain access to bases and forcibly tries to gain access to information then you are seen as an upmost threat and will probably have your house bugged and your phone line tapped. You may be threatened (or payed off?) and depending upon where you work your job security may come on the line!

"Kill a United Kindom Prime Minister."

The comical thing now is that you have no right to try to stop this activity because it is seen to be in the interests of National Security. All this can start to make you very paranoid, and to a degree it should! These things do happen, even politically active people have their phone's tapped, and was it not MI5 that got involved in the infiltration of the Unions in order to try and destroy them at Margaret Thatchers request? Was it not MI5 that plotted to kill a United Kindom Prime Minister?

It makes you wonder who is worse, the Security Service, or the moles who leak out this information for the betterment of the countries masses. Who is the bigger criminal?

There is very little oversight on Establishments such as MI5 and MI6, they tend to run on their own agendas a lot of the time although to a degree can be steered by high ranking politicians. The point is that organisations such as MI5 can and do have agendas which are higher than those it is officially given and sometimes different to that of the government in power.

The politicians change here and there but some things stay the same - the civil service and the military. The ability of these organisations to run on their own with hidden agendas is great because they quite often have the ability to hide behind secrecy laws. They are also given funding, no questions asked.

MI5 also works out of an office in Rudloe Manor and it is suspected that Ultra Secret projects also have "compartments" there. It has been suggested that the secrecy and covert protection given to Rudloe Manor (HQ Provost and Security Services) is because

the place is the second control point of the UK's defences and security. It may infact be the highest point of security in the UK.

It is a known fact that covert agents work out of Rudloe Manor. This I find quite amusing because I have not seen any "Anti Photography" signs pinned up outside the Manor. This could be an attempt to throw the scent away from this base onto the nearby bases which are given such protection - the truth being that the ones without such security warnings are the real ones you should be wishing to photograph!

"came out of nowhere"

Many people have speculated that Rudloe Manor is used for many things, Timothy Good's book "Above Top Secret" is a very entertaining read and gives insight into the covert base security there - he walked the base perimeter and was taken in for questioning by guards that "came out of nowhere".

Could it be that we have a base equal to the security equivalence of Groom Lake dealing with UFO reports and Top Security issues which is available to be viewed directly from over a fence, secure in the fact that people do not know what it is and what it does. Not any longer thank god.

Here is my idea of what goes on at Rudloe Manor...

Every single piece of high level information must pass through it. Covert agents work from there. Secret "group busting" plots are hatched there. It's underground facilities are linked to the nearby "Underground Town" (Corsham Railway Tunnel is one access point little spoken of). RAF Lyneham is less than 10 minutes down the road and is used for the shipment of V.I.P's to and from the "Town" which is controlled by Rudloe Manor. The Royal Houses at Gloucester are quite nearby and in an emergency the Royals would be brought from London to Corsham to hide in the bunker "town".

Now you are armed with the above information, you can do your own research into these dark and mysterious areas. Take heart in the fact that although Rudloe Manor is one of the most secret places in the country, and houses the best operatives, you can spy on it over the fence and see all the operatives cars parked and delight with taking their registration plates knowing that you are in turn being observed from some control room. Cont.d....

You can also spy on the operatives and photograph them, and you can revel in thrill as you know you are being watched by Military Security, both nearby to the fences and also when you drive off later in your car.

Points to look for when you are being followed in your car - look out for the same vehicles passing you - they tend to do this only twice but new cars will replace them and these will pass twice also. You can even play clever and follow these cars and squeal with delight as you watch them drive back inside Rudloe Manor (Even disguised vehicles and works vehicles are used! Last time I was there I saw a chimney sweep's vehicle following me - the final time I saw it, it was going back inside - guess where.)

So this is where our money goes. Don't forget that every time you spy on such a base, you cannot keep your information to yourself. It places you in greater risk and keeps everybody else in the dark. (Remember the Zircon satellite scandal. Hey Britain doesn't have spy satellites, does it?) You can always send information anonymously to this magazine or alternatively to a UFO research group, they will try to disseminate what they can.

Don't keep things to yourself - we need to speedup the secrecy busting process. Keep watching small bases, these can often turn out to be high secrecy installations which are kept very quiet. I work by the rule that it is a probability if UFO's are seen over these bases then they may have Nuclear connections. (D'Notices are often given out to stop this type of info hitting the national press. After all Greenham Common is the only Nuclear Air-capable site in the UK isn't it? Duh.) Everybody has a part to play and perhaps one day the lid will be blown off all the secrecy that exists in this country, by way of all the secrets being exposed.

The public does have a right to know where Nuclear Arms are stored, also where UFO research is carried out as well as where the VIP scum nuclear attack "towns" are underground. Why should we all die in ignorance - lets take back what is ours by right..

Matthew Williams

AIR YOUR VIEWS

If you've got something to say, then -

SAY IT!



We at Truth Seekers really want to hear what you have to say about anything that makes you mad with anger and frustration about the way we researchers and our subjects of interest are treated by sceptics, the way that the government and military take the public for fools and tell us how you feel about those scum gutter-brained (we do want to use stronger language here) crop circle hoaxers. Write to us and tell us what you'd like to see in the Review, throw us your criticisms (both positive and negative) and send in your articles. We cannot guarantee that we will be able to publish it in the next issue, but it should be squeezed in somewhere along the line - mind you - the more of a kick it has, the quicker it'll go to press. Send correspondence in to the Truth Seekers address on page 2.



NIGHTWATCHER

ART: M.WILLIAMS
DESIGN: P.DAMON

<p>Derek, the intrepid nightwatcher - his binoculars at the ready, his eyes always on the skies!!</p>		<p>Stunned by the ray gun, Derek is floated up into the 'airborne component'!</p>	<p>Ten minutes later, Derek is back in his deck chair watching the skies. Ironic isn't it?</p>
<p>When is it gonna bloody happen?</p> <p>They'll never show their butts on this world!</p>	<p>ZAP</p> <p>Ha!Ha!</p>	<p>After you've told us about the Thatcher years, you'll remember nothing!</p>	<p>With this new implant, we'll be able to watch people talk about us on breakfast telly!</p> <p>I'll give it another hour and then I'm off so I can watch breakfast telly.</p>
<p>Serious anorak types: This is not meant to offend!!</p>			

REDISCOVERING ANCIENT KNOWLEDGE

PART ONE

PAUL DAMON

If we look back into the annals of history, into tribes and empires near and far, we will always find a shadowy character who is either the mystic, seer, druid, prophet, magician or witchdoctor. These wise men were always held in high reverence by their people. It was the belief of the people that these mystics were in touch with the gods and the elemental spirits of the earth, air, fire and water.

Kings, Queens and Emperors looked to them for advice in all areas of their leadership. The greatest legendary example of this is the archetypal mystic Merlin, who raised a child to become a King; Arthur.

All cultures, even the most ancient, had their mystics. Just what power did they wield? Most people today if asked that question, would probably answer against them having any real (paranormal) power, and instead argue that they held sway with the threat of the wrath of gods. Could this have been the case?

Surely, as the old argument goes, the things that we have today; televisions, phones, cars, planes and plenty more would have been mystical to people only a hundred years ago. Sure enough, but there is a lot more to it than just a load of old psychological control.

Most, if not all of these ancient mystics were known to have tapped into natural resources such as plants and fungus to extract substances that produced a mind expanding trip, as we would now call it. They would then approach the townspeople or leaders and go into a sort of trance, whereby they would deliver their wisdom. Again, this is very apparent in any literature to be found detailing the lives of the mystics.

Eventually, in most cultures over a period of time, these mystics became so feared that they would be referred to as fearful outcasts or madmen. The ruling bodies would then hold sway with fear over their people, by punishment of death for any disobedience. One of the rules was to never listen to a mystic.

Various other cultures and tribes

took another road, and that was to make these mystics their high priests or spiritual leaders.

What is an undeniable fact is that these wise characters were in touch with the finer sciences. It was understood by the mystics that for every illness, there was a natural antidote to be found in plants and herbs.

The Shaman were known to induce within themselves a form of comatose state which would last for many hours, sometimes days, eventually coming around with details about our solar system that we have only rediscovered in the last century. They would pass on their knowledge saying that to do this they would have to project their spirit out of the body. In today's terms, that is known as astral projection.

Nobody has ever been able to explain how the ancient Maya culture found out about the ten planets, nine of which we currently know about and the tenth which is yet to be confirmed by Nasa; the word is they know about it already, but due to other factors, they will not release that information to the public until it swings in its orbit through the inner solar system.

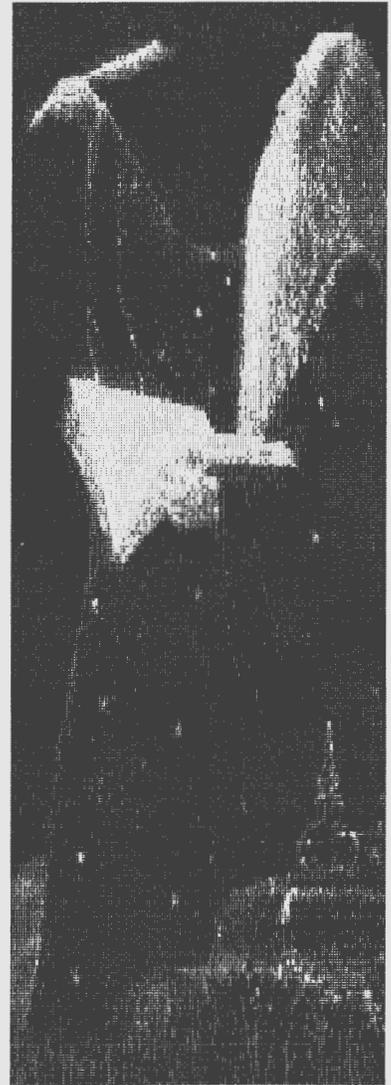
The Sumerians also knew about the ten planets, and yet, these cultures did not possess telescope technology. Where did the priests get their information? Was it passed onto them by the gods, or travellers, space travellers from another star?

The West African Dogon tribe had their creation epic passed down by Shaman who said that creation started with the star that revolves around the Dog star - Sirius, a small star now called Sirius B. Sirius B was not officially discovered by modern culture until 1862, by American astronomer Alvan Clark, although in 1832 a Prussian astronomer Friedrich Wilhelm Bessel saw that Sirius A had deviations in its orbit, which led him to believe that another strong gravitational body was causing this erratic movement.

How did they know about Sirius B? Again we find that they have the belief in beings or gods from the stars in their culture. That the shamans could see beyond the Earth is undeniable,

whether or not this was taught to them by visiting extraterrestrials is another question. We will probably find out when the tenth planet is close enough for us to shake hands with the inhabitants!!

In the next issue, we will look at the Aboriginal culture of Australia and their Dreamtime legends of visitors from other worlds.



The Awakening!

By Kerry Blower

Although the word "awakening" sounds religious, it must not be confused with the old meaning of a religious experience and what that brings to mind. My awakening, like thousands of others has been a profound and life-changing experience. Although we all have totally different awakenings the common denominators are always the same, ie a sense of unfulfilment with the material world, a sense of wanting to go home, a feeling of not belonging any more to the masses and how they think and behave. People who have had a religious experience always talk about Jesus or God. people who have a (new age) awakening (for want of a better word) sometimes have a feeling of belonging to a family of extraterrestrials, or a being of light as their "gods". There is nothing more wonderful in the world than when you meet someone who has been going through the awakening process and all the steps of it are the same as yours. Your life is filled with mystical synchronicities that are so incredible that you would want to tell the world. Your love of nature increases so that you begin to understand the true meaning of the love of nature. You begin to be extremely sensitive to other people's presences and personalities. Most people say that they understood more about history, geography and sciences etc. after having an awakening than they ever understood at school. This is because the awakening sends you on a quest that involves looking back at how we got here and where we are going. You delve into astronomy, astrology, healing, UFO's and much more including unorthodox science and other religions. The one thing that I like about the awakening is that it is unbiased against all the religions. It looks at them all and understands they share the same common thread as each other. People change their eating habits, lose old friends, change their style of clothing, old habits die and new ones are born, routines get turned upside down, beliefs expand into new ideals and in a sense the person is reborn as another personality. They have a need to find others of like mind and the new friends they find are usually for life. This must be the new age consciousness and it is very powerful. I can predict, because I feel it in my soul, that in approximately five years - we will not recognise our world. Before these individuals have their awakening experience, they will take orders from any self appointed higher power. Governments will have to fall or drastically change their way of treating people, because people who have woken up will not be blinded by another persons' dominating or dictative actions.

One person who I admire is David Icke, he gets some ridicule, but his soul knows the truth, as many of us are starting to realise the truth within ourselves. When you get involved with this subject you realise that you have some sort of mission to fulfil, there is no going back once you have started and the thrill of the quest becomes stronger with each step down that one-way road. This becomes clearer as the confirmations from other sources flood in.

I could not have wished for a better thing to happen to me. I started to wake up in 1990 and it has been the best ongoing experience of my life.



CONFERENCE 94:

Kerry and husband Tom at the start of their highly successful first Welsh UFO and Crop Circle conference held in the capital city of Cardiff in August 1994. Another bigger conference with top names is being planned for 1995.

THE AGE OF LOVE

*When the eagle protects the finch
and the bear gives his food to the deer,*

*When the world has found a new balance
and her people confront their own fear,*

*A light shall come from the heavens
to take the world up to the next stage.*

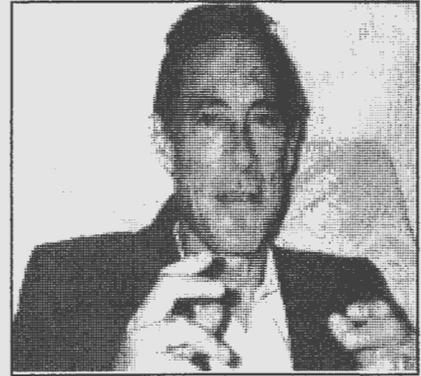
*When they have conquered all of their darkness
they shall then enter into the New Age.*

*So we send love and light to her people
so in turn they can heal the sick earth.*

*We watch you from other worlds wazy up high and
rejoice to see your rebirth.*

Kerry Blower.

John E. Mack



Pulitzer prize winner Prof. John E. Mack, spearheading the campaign to enlighten the world about alien abductions of human beings.

What is the driving force behind the man who is fast becoming a legend and an inspiration in UFO and abduction research?

In the next issue of Truth Seekers Review, our United States correspondent John Robinson reports on the growing movement of American citizens backing the cause for John Mack, and will bring the latest news and reports on Macks' investigations into the shadowy realm of abductions and implant devices.

Don't miss the next issue of Truth Seekers Review, place your order now!!

We will not be accepting subscriptions until issue 3, but you can order issues by sending a cheque/money order.

See back page for details.

Smart Drugs.

By A. Russell

Andy Russell sheds light on some new and remarkable concepts involving smart drugs.

INCREASE YOUR MENTAL CAPACITIES

VITAMINS, AMINO-ACIDS AND PROTEIN ARE SMART DRUGS

BODILY AND MENTAL HEALTH BENEFITS

A Beginners Guide

Definition: A "Smart Drug" is any substance natural or synthetic, which improves mental performance. It may improve concentration, short or long term recall or various other mental faculties.

These drugs can be divided into natural and synthetic categories. Drugs are every day substances that we all have in our diet, such as vitamins, amino acids (the building blocks of protein) and anti-oxidants. Also herbs and plant extracts have been shown to give neurological benefits to the user.

The majority of synthetic smart drugs are pharmaceutical products originally designed for other uses, most often the treatment of conditions such as Alzheimer's disease, asphasia, dyslexia etc. but are now used by people unaffected by such conditions to improve their normal mental ability.

There are various reasons for wanting to increase your mental capabilities as there are also various reasons for wishing to improve your physical well being and the idea of a healthy mind in a healthy body is vital to a correct understanding of the implications of Neuro/Physical Nutrition.

Previously we have suffered from the stereotypical view that fit people, especially those involved in physical activities such as body building, tend to lack intelligence. Conversely we assume that professors and poets lack in physical prowess. These generalisations are principally due to specialisation in one field at the detriment of others. If you sit and read all day then you will be knowledgeable with a poor standard of aerobic fitness, while if you spend all your time exercising you may be fit but are unlikely to grasp quantum physics.

However, if you balance your mental endeavours with physical efforts, you are likely to find that in addition to bodily health benefits your ability to concentrate may well improve, as will general coordination and stamina for all tasks.

This belief is one of the cornerstones of eastern health philosophies such as Yoga, Chi Kung (qi gong) and the martial arts. The majority of native practitioners of these disciplines have superior physical and mental conditioning when compared to an average non-practising person. Why?

One fundamental technique involved in all aspects of the above (the bench pressing body-builder, meditating yogi, or striving martial artists), is the use of breathing techniques. There are diverse reasons why different disciplines use different breathing methods. Suffice it to say that anything which enables you to absorb large amounts of oxygen, and remove the spent waste material from your body will drastically improve your mental and physical fitness.

Medically, most types of brain damage are caused when the brain is deprived of oxygen even for very short periods. Longer than a few minutes and death is a certainty. On the other hand Las Vegas casinos are pumped full of oxygen throughout the night so their customers won't feel as tired and will stay longer to play rather than go to bed. When oxygen levels drop in the body - be this in a high altitude climber, a heavy smoker, an asthmatic or a long distance runner - physical tasks become harder. However, if a substance is taken which improves oxygen absorption or retention, the individual can continue to perform at a more intense level for a longer period.

Obviously just taking a substance will not allow you to run a marathon or grasp calculus. The key to this is regular physical and mental exercise. What the substances may do is significantly help your progress as you exercise.

Smart drugs have been shown to improve performance in a variety of fields such as concentration, long and short term memory, problem solving ability, sexual performance and removal of depression amongst others. Many of the substances are particularly useful to those suffering age related mental decline, as well as those suffering from the side effects of drugs such as alcohol, tobacco and cocaine, all of which have very negative long term and some times short term side effects on mental processes as well as the physical side of the body.

Memory loss, personality

distortion in the form of increased aggression, lack of reasoning ability, poor emotional control etc. are to be expected from the regular use of the above substances. If you wish to improve either your mental or physical health, try giving them up as this may be of as much benefit as taking smart drugs. Failing that, decide a strategy possibly using smart drugs to limit their adverse effects. Some of the above may appear to contradict your own experiences with these substances, but let me clear this up.

While nicotine may improve concentration and have some potential benefits in certain mental process, smoking cuts off oxygen to the brain and body tissues. If you wish to continue using nicotine either because you are addicted or are tempted to use the substance as a smart drug use either nicotine chewing gum, patches or non-inhaled products.

Most people have enough experience with alcohol to know that it can sometimes lead to great and profound flashes of inspiration, and generally make you think in ways that you would not otherwise imagine. However, thoughts such as "Oh wow, I've just realised the world is a giant teacup and all the people are grains of sugar floating in it's chaotic swirl" or "I think it is a good idea to drive my car into that lamppost" are more than likely to occur. Alcohol has a very bad effect on the body if used long term, even in relatively small amounts, and like tobacco it kills vitamins which are natural smarts. Like tobacco, if you don't want to limit it's use, find something to replace what you lose when you drink.

Cocaine, amphetamines and barbiturates have all been used to improve mental abilities and they do work briefly.

You pay later. Long term use is likely to turn you into a vegetable and will certainly result in loss of mental ability as well as generally destroying your body. In the US, "ICE", a cocktail of the above drugs was used by almost an entire year at one University. The academic scores for the first and second years or the course were the highest ever recorded, but the third year produced the lowest ever recorded scores. Judge for yourself.

Most smart drugs are legal (sort of). The naturally occurring ones such as vitamins, herbs, amino acid compounds etc are generally available at your local health food emporium, or considerably cheaper if you buy direct from the manufacturer.

Cont.d...

Other smart drugs of the pharmaceutical variety are legal if you get your doctor to write you a prescription for them (not very likely unless you are a private patient, not so much because of the ethical or safety reasons but down to costs; still worth asking though). If the substance is approved for use in the UK then it is still legal to buy it from abroad for personal use. For more information read one of the books listed below.

Correctly used, smart drugs are largely side effect free, which may be in part due to the fact that they are almost all natural occurring substances, or chemically engineered versions/refinements of natural substances. While the fact that they are basically "natural" in no way means that they are harmless (there are many toxic natural substances after all), it does make the risk of the substance giving you cancer a hell of a lot less likely.

Of the few adverse reactions that are possible while taking smart drugs in a responsible way, the most serious are flushing of the skin, blocked nose, running nose, increased trips to the toilet, mild headaches, light heat flushes etc. If these symptoms occur, many will disappear with continued use. If you suffer from anything more serious or if symptoms persist, stop taking the drug and talk to a doctor.

Another possible side effect of smart drugs is life extension. Smart drugs seem to make you live longer. This is probably due to their anti-oxidant functions. The theory is that they clear your body of "Free Radicals" which are the nasty things which zap around your causing your DNA to crumble and thus making you age. If you get rid of these "Free Radicals" you don't age so fast. Some drugs may be able to increase your life-span by 40% (ie: as long as up to 170!) and in the process ensuring you don't get senile. The Chinese use Chi Kung for exactly the same purposes.

For Further Reading see

Smart Drugs and Nutrients by Ward Dean MD and John Margenthaler (BE Publications) ISBN 0-9627418-9-2

Life Extension: A Practical Scientific Approach by Dick Pearson and Sandy Shaw (Waner)

Mind Food and Smart Pills by R&T Pellen (Doubleday)

For more information on getting pharmaceuticals (cheaper than UK suppliers) write to: Inhome Health Services PO Box 3112/CH-2800, Delmont, Switzerland.

Thanks to Shain, Head & The Fluffy Bunny Tribe for some of the above info.

[The Author has also written for Newspapers and Magazines as well as getting involved in a new UFO and Strange Occurrences Magazine called Phenomena (our sister magazine). Adverts in here for this publication... Ed]

Coming soon in Truth seekers Review



Travis Walton

What really happened when Travis Walton was abducted by the Fire in the sky? You will read about his experiences soon in a feature length excerpt from his book *The Walton Experience*, the truth that's even more shocking than the movie.

Food for thought



Our Truth Seekers Guru, known only as Pear, speaks out!!!

Since the dawn of civilization, there have been reports of UFO's in the skies of the Earth, such reports predate crop circles, the abominable snowman and even income tax! What is happening out there man?

Are we really being watched by beings from somewhere other than Earth - who apparently have our best interests at heart?

Cave drawings from early times show bright discs floating in the sky and almost all civilizations from many parts of our world carry stories of unknown objects in the skies and in more recent times we have staggering numbers of reported sightings from all over the world.

HIGH PROFILE POSITIONS

Many of these reports come from highly respected people, some of whom are in high profile positions and who have been reluctant to disclose their experiences in case of scorn and ridicule from their closed minded and blinkered contemporaries.

Reports are listed from doctors, solicitors, pilots, sea-captains, high ranking military personnel, politicians, police and many people within civil service professions, even VAT inspectors. Are we to believe that they were all hallucinating or trying to fool the rest of the world with their consistent reports. Most of these reports are available in text form and it is not my wish to go into means of verification, or even to list the various sources and repositories of information as all are available upon request from the editors of this magazine.

SERIOUS CONSIDERATION

My hope is to just invite the general public to open their minds a little and give some serious consideration to the implications of these reports.

If after such deliberations you decide to label them as bunkum, all well and good - but try not to dismiss them as such without first giving it some thought.

Many reports reach us about Governmental knowledge of things which are concealed from the general public, and even of "dis-information" circulated in order to persuade us to leave this subject alone; but can we really afford to ignore the tales of abductions,

genetic interference, cattle mutilations, alien observation and infiltration?

If only a very small percentage of these reports are true, then surely the implications are far too important and potentially significant for us all to just ignore them.

PHENOMENA

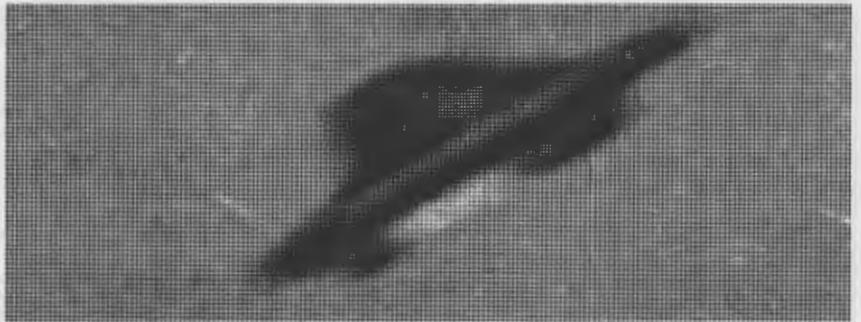
We have all heard and read the stories of little green men from Mars and bug eyed monsters from Venus and various other types and we need to be able to separate the obvious "stories for entertainment" from the serious reports and articles which attempt to investigate a phenomena the appearances of which are becoming more and more frequent.

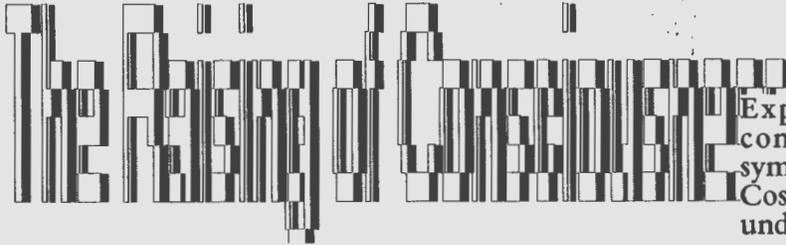
Despite regular ministerial denials and top level ridicule from Governments around the world it seems obvious that something is happening and that the powers that be are deliberately and arbitrarily stating that we, the public, have no right to know what is going on, is this true?

HIGHER LEVEL

Only we, the public can answer this question and if the answer is positive, can force the issue to the point where its full disclosure must be made and apart from carrying out our own investigations and observations, I believe that we have the right to expect knowledge of the results of higher level investigations. At the end of the day it is we, the public, who are financing such investigations.

Anyway, its all bunkum, there is no one out there watching us, UFO's are a myth and all reports are complete fabrications - aren't they? - Well aren't they??





Exploring the links between the spiritual consciousness, the realities of UFO's, the symbolism of the Crop formations and the great Cosmic intelligence may take us to the realms of undreamt of possibilities.....

By Paul Damon

Since a very young age, I found myself fascinated by the more enchanted angles of existence. Life wasn't only something to be experienced, but something to be discovered. When I should have been knuckling down to secondary school studies, I was instead day dreaming about the endless possibilities life had to offer. I became increasingly intrigued by the human consciousness.

REBELLED

I felt that my own mind was a treasure trove of goodies just waiting to be unlocked. My mind rebelled against the idea that it was only good for remembering mathematics, english geography etc. so that when you left school you could enter into a working life endlessly pursuing lifes' materialistic little comforts. By the age of fourteen I had already come to the conclusion that I didn't want to fit into such a bass way of thinking. It horrified me to know that the great human thought pool revolved entirely around small square pieces of paper and round pieces of metal.

This alienated me in many ways from my classmates, but it didn't really bother me as I was happy with my solitude.

If asked to put a finger on an age when I started to take an interest in UFOlogy, I would say it was when I was eight years old when I witnessed along with my family and neighbours a group of silver objects clustering over a forest about seven miles away. The setting sun glinted off their silver exteriors and it was really hard not to miss these extraordinary objects.

ADVANCED LIFEFORMS

From that day on, I was avidly into all sorts of science fiction books and television programmes. The thought of advanced lifeforms travelling among the stars and visiting our world thrilled me to the soul. I guess, as some people would say, I lost it way back then. But why not? Why was it not possible that some ancient race infinitely older than mankind had developed the means to hop from star to star? Would we not, when technologically advanced enough seek out new life and new civilizations - to boldly go where no-one has gone

before? I could not understand the Sue Blackmores of life, continually trying to live in an isolated universe, and also continually trying to convince others that this was a correct and positive way of thinking along the way. Thankfully, times are changing and so are peoples attitudes.

I will never forget somebody saying to me once that they could not see any good coming out of the decrepit state of the world. At first I nodded in agreement, but then it hit me like a ton of bricks... Of course there was! When people are at their lowest ebb, and times become so desperate that near anarchy breaks loose within their lives, that's when they suddenly realise that they have been conditioned and taught to take the shit that gets continually thrown at them, and that they have unconsciously been functioning like some kind of robot, asking no questions.

It is then, at that point of desperation that they reach out for something else with all the strength that they can muster. It is as if they have been reborn. Suddenly they have direction and freedom to break the constraints of their old thinking, after all, when you hit the bottom, there is only one way to go, and that's up (unfortunately, this is not the case with governments).

That is the way the world is going now, there is plenty of misery and suffering at hand the world over, but the undercurrent is one of a tremendous uprising in spirit. It is almost like an underground resistance breaking through the smegma and fog of human

suffering. This resistance has many faces, the most powerful of which is the coming together of many like minded individuals. As more and more people unite in one common cause, so their voice becomes a cacophony of power to be reckoned with.

This is the most natural and instinctive reflex action within the human spirit - how do the sayings go? A trouble shared is a trouble halved, and together we stand, divided we fall, true enough I would say.

Unfortunately, people haven't yet begun to realise that we have a very smart enemy to deal with before we can all truly unite into one voice, and that is, as in all countries, their governments.

This is not meant to be a political article by any means, I am just stating absolute fact.

Here is the prime example: The Criminal Justice Bill. Sneaked in very quietly, and advertised with only the best interests at heart.

Imagine this scenario. The ruling elite know that they are rapidly losing control over a great many people, because they are refusing to be walked all over anymore, they have quite literally had enough. The poor are starting to rob the elite

instead of each other (that was never supposed to happen as far as they were concerned) and radical new groups of free thinking people are popping up all over the place complaining about the never ending industrial waste and environmental problems. There are widespread cult problems as individuals search for a higher way of life, leaving behind their old selves. Teenagers rebel in the only way they know how by going to huge parties out in the open



fields called raves to try to forget the misery within the cities.

Yes, the ruling elite begin to lose their grip on society, so they slyly fight back with smiles of goodwill on their faces. Pass a bill through Parliament giving the police the right to arrest a group of ten people or more gathered in any public place - simply for gathering in any public place. Can you believe it?

IMPRISONED

That means that in our field of research, we can now be arrested for gathering on a remote hill to do a UFO skywatch. We will have no right to object, and can be imprisoned or fined a large amount of money, simply because we are a certain number of people! It is the most blatant kick in the face for a so called democratic institution that has been made legislation.

In my opinion though, the power elite have just hammered another nail into their coffin, because once the effects of the bill start to bite, then all hell is really going to break loose. I for one will not stop going to skywatches even if there are a thousand people gathered upon a hill with me, and I know that I am definitely not the only one who feels this way. We shall see.

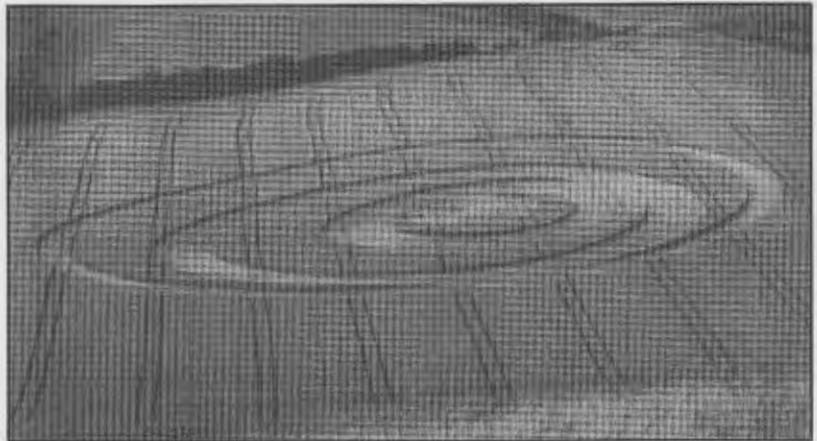
HUGE CHANGES

Meanwhile, in the background, something is stirring that will never be controlled by these people, and that is the raising of consciousness. Like I mentioned previously, huge changes are afoot in the thought pool of mankind. The oppression is only serving as an accelerant.

People are starting to feel a kind of hunger, as if they have an empty hole within them that is waiting to be filled, and they do get filled these holes in many a variety of ways, all serving to raise our levels of consciousness. An incredible thing to be seen this past summer was the huge resurgence in interest about the crop circles and formations within the public eye.

It is not at all uncommon for UFO & Crop circle researchers to be first on the scene at a new formation in the early hours of the morning, mainly because we like to be up the night watching the skies, and get the thrill of being the first to discover a new formation when the sun comes up by roaring around Wiltshire in our cars.

This year though, it was so very



The Crop formation above appeared overnight near Devizes in Wiltshire, and was made up entirely of crescent moons. It became known as the crescents of consciousness. Throughout 1994, many crop formations were found to have crescent moons, seemingly whispering a subtle message to the human consciousness. Photo taken by Paul Damon.

gratifying to see that non-croppers were suddenly stopping their cars on the side of the road to get out and stare in awe at the beauty and complexity of the new formation at hand. I have felt within myself over the summer of 94 a renewed passion for the environment, and I can honestly say that is an effect of the formations.

WITHIN THE SOUL

This was confirmed to me because I saw it happening to people who had never seen a crop formation before. It was as if a key was being turned within the soul which released a seed of positivity and questing. And with the wonderment of a child, that person would pine to be near those formations all the time.

THE BARGE

Inevitably, that person becomes interested in the intrigue which surrounds the formations, and begins to meet fellow individuals who tell them that for a cropper or a UFO researcher, all roads seem to lead to Wiltshire, then Avebury and Alton Barnes, Knapp hill and almost certainly to the Ufologist and cropper retreat, a pub by a canal in Alton called The Barge. All of a sudden, you have a new family, a new home almost, as many people have become so enamored with the positive energies of the area that they have moved there either into a house, a caravan, a tent or just hobo around the area in a camper van.

One researcher travelled down from Swansea at the beginning of the

crop circle season (march/april) and stayed encamped within his camper van in Alton Barnes and Knapp hill until september, all the while carrying out studies of the areas' magical qualities (ley-lines, monoliths, crop circles etc) with some complicated monitoring equipment, but all the while feeling positive and charged up and at one with the land.

The area is a virtual intergalactic highway with many UFO reports, some caught, like I managed to myself, on video cameras. Some of these sightings precede a crop formation, and when that happens, it is like a brick in the face of the anorak sceptics.

HOAXERS

Of course, there are hoaxers out there acting the fools under the stars, but their time is running out as researchers are investing in powerful night-sights and halogen beams to catch them, and when they do get caught..... Well, they'll find out. They are not really anything to worry about in my opinion, as a matter of fact, they might not know it, but they could be being manipulated by some higher source. Da-da-da-daaa!

There do seem to be some hoaxer types who are involved in government payouts for trying to put the researchers off the track of the genuine articles (often found in the middle of nowhere). One farmer local to Avebury, was supposed to have been paid £300.00 to go and shear out the internal patterns of a galaxy formation by one of the

hoaxers, apparently, he was doing it on behalf of the Ministry of Defence as some of the formations, especially the complicated ones do a lot more than turn etheric keys within people, they are actually supposed to carry within their designs the principles for communication on a ratio known as the Diatonic.

PLASMA VORTEXES

Simplified, this means that mathematical geometrics can be interpreted into sounds, waveforms and colours in and out of the normal visual spectrum. Interesting stuff, and to think, we now have intelligent plasma vortexes going around spinning mathematical equations. Perhaps now we know why the rampant hedgehogs were once blamed for the circles in the corn, they are all really geniuses adept at the principles of quantum Euclidean mechanics... Way! Hay!

But wait a minute, what about our great friends Doug Bower and Dave Chorley? Surley they haven't upgraded their wooden boards to scientific computers just for "a bit of fun"?

Sue Blackmore, come back, all is forgiven!

NINE FOOT BEINGS

Whether it is understood or not, something extraordinary is afoot in those Wiltshire hills, and has been for sometime - from Arthur Shuttlewoods nine foot beings rampaging around the undergrowth to a formation that turned up this last summer which was dubbed "The eye of Horus". Quite unique when you take into account that it appeared in Eastfield on the Carson land which is overlooked from Knapp hill and Adams grave which are mecca areas for Ufologists who often shine one million candle watt halogen lamps down into the field to check for hoaxers.

It could be interpreted as the watchers watching the watchers. Quite paradoxical, unique to say the least.

One thing is for certain, given the amount of publicity the strange and arcane is receiving on television at the moment, and if it continues into the summer of 1995, then we can expect a lot of coverage and interest again in these amazing corn carvings, maybe it'll take off again like it did in the early nineties, only now, Doug and Dave will have walking

sticks in their hands instead of boards. It makes you wonder doesn't it? Maybe you saw the very first episode of Schofields Quest, or was it the second, which featured Reg Presley giving the sensible info on the mystery of the circles and Doug Bower doing his famous but very worn out "I did them all for a bit of a laugh" bit.

DOUG BOWER - SUPERSTAR

Dougie was given far too much airtime for a start, but I suppose since he is a superstar now, he is entitled to it (he didn't look too steady on his legs though did he? Must be his grand old age and all the many miles walking the corn fields).

Anyway, that is enough of that, I have strayed way off the objective of this article. Apologies for my prattlings.

We are heading into the new millenium now, and in all the ancient texts, manuscripts and black books are prophecies which state that these next few years are going to be filled with turmoil, but the old age will die with the turmoil, and the new age will be born. Are the crop circles ushering in that new age of spiritual development? They certainly seem to have a big effect on the consciousness of the people who are witness to them, an effect which grows from a seed within them, whereby many things pale into insignificance when compared to the fact that Crop formations and UFO's and the human thought patterns are very closely intertwined.

In these difficult times, it is good to

know that something so very simple as a shape in a cornfield can be responsible for tremendous changes within an individuals' psyche leading them towards an appreciation for environmental care, gets their mind to open up to unimaginable possibilities and promotes a group feeling amongst other researchers of friendship and comradeship.

CONTACT

I think we can look ahead to 1995 with great expectations, for as this spiritual power grows within the populace, so we are brought closer to the cosmic intelligence that maybe waiting not for when the time is right, but for when the people are ready spiritually for contact.

A big hello and a salute to Tom & Kerry Blower (I still think you guys are Nordics), Gadget, Matt Hurley, Andy Nostress, Chris Fowler the skateboarding ufologist, Paul (C.B.) Vigay and Jan, Steve Alexander, Reg Presley, Karen Presley, Vickie & Vince, Andy (I'll never get my hair combed) and Sue Batey, Colin Andrews, Busty (am I grinning) Taylor, Russell (the MI5 secret operative), Paul Hailey, Mary Bennett, Andy Collins, Ron Russell, Steve Coyne, Peter Sorenson, Adrian and the patient pint pullers at the Barge, Gonzo (in your face), Steve (F.A.R.) Charles, Peter Hewitt (toldyouso) finally but not least to our South Wales Guru - The Pear for not giving straight answers!!
Cheers all!
(Kill Dan O'Neill)



A researcher from Milton Keynes scans the horizon at daybreak from a vantage point on Knapp hill driveway. This is of course the "classic" pose of the skywatcher, although it's advisable to wear warm clothes.